



Kew Woods News

Friday 10th October



Connect, Kindness, Believe

Monday's assembly was a beautiful reminder of our school values –connect, kindness, and believe. We shared the story 'Be Kind', which sparked thoughtful conversations about how small actions can make a big difference.

On Friday, we had a celebration assembly where we celebrated individuals in each class who have been impressing their teacher, gave out our weekly attendance awards and announced the winners of Meol's Cop 'guesstimation' challenge.



Executive Headteacher

Christina Greaves

Head of School

Leanne Checkley

Tel: 01704 533 478

www.kewwoodsprimary.co.uk

ATTENDANCE:

School attendance this week is 93.5% which is below national average.

Well done to class RK who had the highest attendance at 98.3%

Dates:

October

w/c 13th - 1K Forest School

Swimming for 3K, 3W, 4K and invited 6K children

13th - Understanding Children's Behaviour Parent Workshop (please book on)

17th - RW Buddy Assembly 9am

w/c 20th - Swimming for 3K, 3W, 4W and invited 6W children

20th - Fussy Eating Parent Workshop (please book on)

22nd - Halloween Disco

24th - RK Buddy Assembly



NEW Class Twitter Accounts

- ▶ Follow your children's classes at:
- ▶ Nursery @nurserykew
- ▶ Reception @receptionkew
- ▶ Year 1 @Y1Kew
- ▶ Year 2 @Y2Kew
- ▶ Year 3 @Y3Kew
- ▶ Year 4 @Y4Kew
- ▶ Year 5 @Y5Kew
- ▶ Year 6 @Y6_Kew



This Week's Class Dojo Winners

Avar	RK
Martha	RW
Kornelia	1K
Zac	1W
Vincent	2K
Frankie & Carter A	2W
Maddox	3K
Cameron	3W
Olivia W	4K
Kyla M	4W
Lenny	5K
Imogen	5W
Maxwell W	6K
James H	6W

This Week's Big Question:

What can we learn from traditions like natural farming about living more sustainably today?

BIG QUESTION of the week!

Here is a summary of what the pupils thought:

1K - We thought that growing your own food and making compost helps to look after our Earth.

1W - We can use grass cuttings, fallen leaves, dirty food and dirty water to make compost.

2K - We can learn not to waste anything and use the resources that we already have.

2W - We can help the Earth by watering plants, giving them space to grow, picking up litter, recycling things, and being kind to animals and nature.

4K - we discussed ways that we can try to live more sustainably, like recycling, creating compost and growing our own food. We talked about where our food comes from and that the more food we can produce here will have a positive effect on the climate.

4W - We discussed that natural farming does not include use of chemicals, natural farming sees farmers growing what they need so there is less waste and that we should work with nature and not against it. This helps protect the planet.

5K - We discussed that seasonal farming means growing crops at the best time of year, while over farming can damage the soil and make it harder to grow food later. We also talked about how supermarkets like Tesco import fruit and veg when it's out of season in the UK, which keeps shelves full but adds pollution from transport. Farming in a responsible, keeps farming sustainable for the future.

5W - Simon's natural farming shows us how to live in a way that helps the planet. He uses compost, saves water, and doesn't use chemicals. We can learn to grow food, recycle, and use less plastic to live more sustainably.

6K - Instead of throwing food away, we can save leftovers or turn scraps into compost to help plants grow. Also, eating seasonal fruit means we don't need food flown from far away. As well as this, if we grow more food at home, like tomatoes or herbs, we would be doing something that is better for the Earth.

Next Week's Big Question:

What makes a community feel proud of its history?



1W Forest School



What a fabulous week in Forest School 1W have had! They've made friends with minibeasts, created apple characters, used their balancing skills, had a story and biscuit around the fire pit and had lots of fun climbing trees!



Year 6 History



6K have been using their oracy skills to discuss what the causes of World War 2 might have been in their History lesson this week.





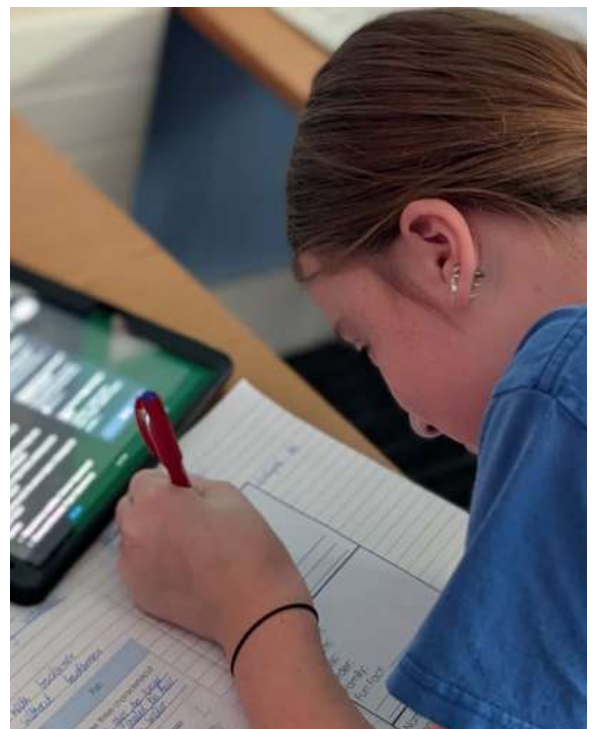
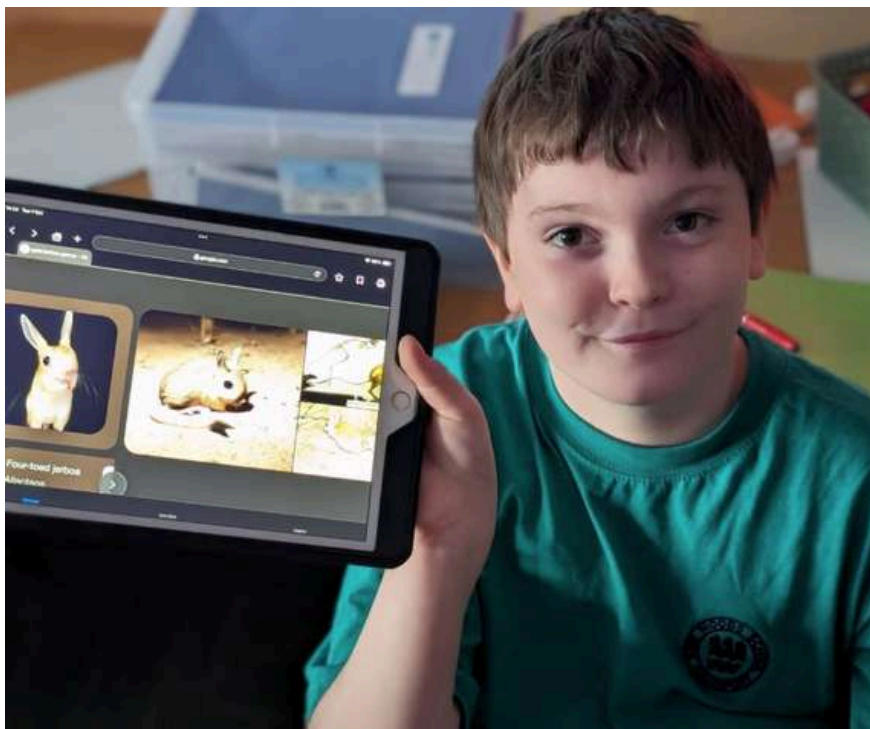
Year 5 Hickory's

5K have made an excellent start to the year so were chosen for our Hickory's reward. They had a wonderful time eating breakfast, going in the cinema room and playing on the new playground.



Year 6 Science

6W had a fantastic science lesson researching the taxonomy of unusual animals! They're loving their classification topic so far!



NURSERY

newsletter

This week

This week at nursery we've had a wonderful time! The children enjoyed making their own delicious biscuits and then shared them during a lovely tea party with their friends. We also explored shape matching activities, helping everyone to recognise and sort different shapes. It's been a week full of learning, laughter, and creativity!

Next week

Next week at nursery we will be reading Dear Zoo! We have lots of exciting activities planned, including trying to guess what might be hiding inside the special box the animals have left us. We'll also be exploring shapes in more detail, seeing if we can match and sort them in different ways. We will also be continuing to make biscuits!

Reminders

Please send your child with a named water bottle, spare clothes and shoes. Don't forget puddle suits and wellies so we can enjoy outdoor play in all weathers! Please could we ask that any fruit in lunch boxes is sliced or squashed to make it easier and safer for the children to enjoy.



10 Top Tips for Parents and Educators

DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



#WakeUpWednesday

The National College

Sefton Family Hubs



Tea & Toast at Linaker

LET'S
TALK!



Join us for relaxed weekly sessions where you can talk, listen, and connect with others in your community. Whether you're a teenager, parent or carer, everyone is welcome.

Each week, we chat about topics that matter to you and our friendly staff are here to listen and link you with helpful advice and services.



Scan the QR code or visit
www.sefton.gov.uk/familyhubs to
view our Tea & Toast calendar



Drop-in every Tuesday and Thursday
9:15am - 10:15am
0151 288 6765

Sefton Family Hubs



Our Timetable
September - December
Support. Grow. Thrive.

Sefton Council



Sefton Family Hubs

Talbot Street Family Hub

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9:30am - 11:30am
Family Advice & Guidance
Drop-in

9am - 5pm
Volunteer Programme
Booking required

9am - 3pm
Sefton Welfare Rights
Appointment Only
Enquiries to
welfare.rights@sefton.gov.uk

9:30am - 11:30am
Family Advice & Guidance
Drop-in

9:30am - 11:30pm
Henry Programme
Targeted Group
Booking via Health
Visitors
Runs monthly

9:30am - 11:30am
Family Advice & Guidance
Drop-in

10am - 5pm
Sefton Parents/Carers
Group Coffee Morning
Drop-in

10am - 12pm
Careers Connect
Drop-in (16-18)

9:30am - 11:30am
Family Advice & Guidance
Drop-in

9:30am - 11:30am
Family Advice & Guidance
Drop-in

Afternoon

1pm - 2:30pm
Little Explorers / Peeps
For ages 0-4
Drop-in

3:30pm - 4:30pm
Gardening Club - Edible
Gardens
Drop-in (Runs September -
October)

3:30pm - 4:30pm
Little Chefs
Booking required

1pm - 5pm
Family Law Advice
Appointment Only

12:30pm - 5pm
Sefton Parent Carers
1-1 Drop-in

1pm - 3pm
ACEs (Young People)
Targeted Group in
schools
(Starting October 2025)

Virtual Offer

Information, Advice, and
Guidance

Breastfeeding Support

Parent Carer Panel

St. Andrews Place, Southport, PR8 1HR | 01704534975 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Sefton Council

Support. Grow. Thrive.



Monday

Tuesday

Wednesday

Thursday

Friday

Morning

10am - 12pm
Sensory Baby
Drop-in

9:30am - 11am
Baby Clinic
By appointment only
via Health Visitors

9:30am - 11am
Sefton Breastfeeding
Support Group
Drop-in

Afternoon

Canning Road Methodist Church, PR9 7SS | 01704534975 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Sefton Council 

Support. Grow. Thrive.



Sefton Family Hubs

Linaker Family Hub

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9:15am - 11:30am
Parent Carer
Drop-in

9:30am - 11:30am
Youth Connect 5
Targeted Group
Booking Required

10:30am - 11:30am
Baby Massage
Booking required

9:15am - 10:15am
Tea and Toast
Drop-in

10am - 12pm
ACES (Female)
Targeted Group
Booking required

Phoenix Healing CIC
Freedom Programme
By appointment via 07368
686 730

12pm - 5pm
Midwives - Stop Smoking in
Pregnancy
Appointment Only

1pm - 5pm
Parent Carer Panel
Online Twilight Session

6pm - 8pm
Caring Dads
Targeted Group through
Brighter Kinder Futures -
brighterkindertutures@sefton.gov.uk

12pm-2pm
SWACA for Men
1-1 Drop-in

12pm - 2:30pm
Incredible Years
Targeted Group
Booking required

1am - 2pm
Bee Kind Parenting
Course
Booking required
(Starting October
2025)

9:15am - 10:15am
Tea and Toast
Drop-in

10am - 12pm
Riding the Rapids
Targeted Group
Booking required

1pm - 3pm
Chattertime
Booking required

Virtual Offer

Information, Advice,
and Guidance

Breastfeeding
Support

Parent Carer Panel

103 Linaker Street, Southport, PR8 5DQ | 0151 288 6765 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Sefton Council 

Support. Grow. Thrive.



	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<p>9:30am - 10am & 10:15am - 11am Toddler Rhyme Time at Birkdale Hub Station Master's House - call to book</p>	<p>9:30am - 10:15am Jo Jingles For 18m - 3yrs</p> <p>10:45am - 11:30am Jo Jingles For 3m - 18m</p> <p>Dates: 9/9 - 21/10 Facilitated by partners Booking Required £42 for 7 weeks</p>	<p>9:30am - 10:10am Dancing Songbirds For 18m-3yrs Drop-in</p> <p>10:30am - 11am Baby Rhyme Time For birth to crawling Drop-in</p>		<p>9am - 11:30am Positive Parenting Course Booking Required</p>
Afternoon	<p>1:30pm-2:30pm Baby Yoga For 6 - 12 month olds</p> <p>Dates: 22/9 - 13/10 Facilitated by partners £10 Booking Required</p>	<p>1pm-3pm Baby Weigh-in Book with your Health Visitor</p>			<p>1:30pm - 2:30pm Baby Massage For 6wks - 6m</p> <p>Dates: 26/9 - 17/10 Facilitated by partners £10 Booking Required</p>

Farnborough Road Infant School, Farnborough Road, Birkdale, PR8 3DF | c.horton.fs@schools.sefton.gov.uk
Call us to book your place on 01704 572 579

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning		<p>10am - 11am Little Treasures For birth to crawling Drop-in</p>	<p>9:30am - 11:30am Life's for Living Sefton (Children) Booking required</p> <p>10am - 12pm Life's for Living Sefton (Adults) Booking required</p>		<p>10:30am - 11:30am Little Chefs For 2 - 5 year olds</p> <p>Dates: 19/9 - 24/10 Facilitated by partners Booking Required £15 for a 6-week course</p>
Afternoon	<p>1pm - 2pm Baby Weigh-in Book with your Health Visitor</p>	<p>1:30pm-2:30pm Top Tots For 18 months + Drop-in</p>	<p>1pm - 2pm Toddler Group For 18 months + Drop-in</p>		<p>Saturday</p> <p>10am - 12pm Dad's Club Drop-in</p> <p>Dates: 4/10 & 8/10</p>

Kings Meadow Primary School, Meadow Lane, Ainsdale, PR8 3RS | c.horton.fs@schools.sefton.gov.uk
Call us to book your place on 01704 571606



BRINGING SUPPORT FOR FAMILIES INTO OUR
COMMUNITY

TAS MARKET PLACE - CLUSTER 1

MONDAY 13TH OCTOBER 2025

MEOLS COP HIGH SCHOOL 3.30PM-6PM

COME ALONG TO MEET THE PROFESSIONAL
SERVICES AND FIND OUT HOW THEY CAN
SUPPORT YOU AND YOUR SCHOOL.
ALL SOUTHPORT SCHOOLS ARE WELCOME
TO ATTEND.

Mental Health Support

Young Carers

Rise Up

Inclusion

Wellbeing Centres

Health

Police

Housing

Substance Misuse

SEND support



FREE SUPPORT FOR LOCAL FAMILIES

FREE WORKSHOPS

FOR PARENTS & CARERS



WANT MORE INFORMATION?

0151 288 6286

active.sports@sefton.gov.uk
www.henry.org.uk



Eating Well for Less

Learn how to eat healthily without overspending.

- Budget-friendly shopping tips
- Meal planning for healthy family meals

Understanding Children's Behaviour

Discover what's behind your child's actions and how to respond effectively.

- Understand the feelings behind behaviour
- Parenting tips for boundaries and cooperation

Looking After ourselves

Find ways to manage stress and prioritise your wellbeing.

- Practical strategies to reduce family stress
- Tips for staying calm and balanced

Fussy Eating (5-7 Years)

Make mealtimes enjoyable and help your child try new foods.

- Fun ways to encourage trying new foods
- Meal ideas packed with the nutrients they need



"This is the best thing I could possibly have done to help me to be a better mum."
— Parents from our Healthy Families Workshops

In partnership with



Sefton Council



Upcoming Sessions:

Kew Woods Primary School
Understanding Childrens Behaviour - Monday 13th October
Fussy Eating - Monday 20th October
Healthy Teeth - Monday 10th November

All groups will start at 2pm.

sign up today!

APPLY FOR A SCHOOL PLACE

Is your child born on or between
01/09/2021 and 31/08/2022?

If so, your child is due to start
school September 2026!



**You MUST apply for a school place
online before 15 January 2026**

For more information or to make an
application, scan our QR code or go to
www.sefton.gov.uk/startingschool



sefton.gov.uk 0151 934 3590
admissions@sefton.gov.uk

Sefton Council



What does autism look like in teenagers?



Join the National Autistic Society's Teen Life programme for parents and carers of young autistic people aged ten to 16.

Teen Life programme

Get together with other parents to share advice and experiences. The six-session programme covers:

- understanding autism in teenagers
- women and girls
- self-esteem
- stress and anxiety
- puberty
- planning for the future.

**"What a course!
I would strongly
recommend
any parent with
a teenage child
on the autism
spectrum attend
this programme."
Parent**



This is your local licensed Teen Life group leader, trained by the National Autistic Society.

Contact them for more information:

Name: Libby Woods

Contact: seftonnastraining.gov.uk





Teenlife Parent Programme - Information

AUTUMN 2 2025

VENUE: Meols Cop High School, Meols Cop Road, Southport, PR8 6JS.

Sessions will be 9.30am- 12 noon

*This is a **free** course for both **parents/carer and a professional from school if parents wish and school can attend.** It runs weekly during the school day.*

Attendance is recommended to all sessions and is a great way to share good practice for both home and school and support families and carers with a child aged 10 and above with an autism profile through this programme.

Please see below for dates:

Session number	Date	Topic
1	4/11/25	Understanding autism
2	11/11/25	Understanding autistic identity
3	18/11/25	Stress and anxiety/ understanding behaviour
4	25/11/25	Health and well-being
5	2/12/25	Puberty
6	9/12/25	Education/ Transition to adulthood

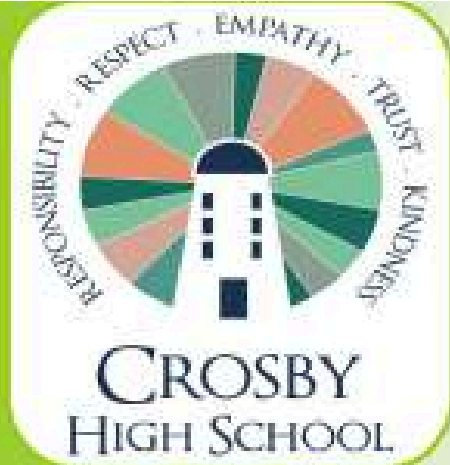


myHappymind is all based around helping children to understand how their brain works and to support them in developing positive skills and habits to be their very best selves!

Parental app is available here -

<https://www.learn.myhappymind.org/Customer-Parents-Resources-Activation-Code> - code 146895





Open Day Schedule 2025-26

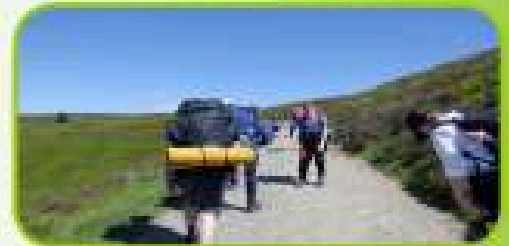
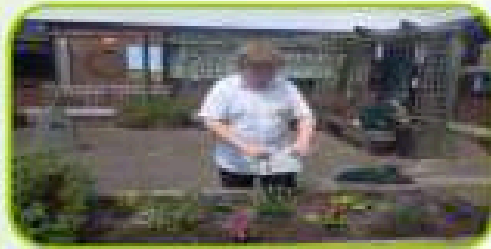
Contact: Paula Morgan

Crosby High School, De Villiers Avenue,

Crosby, L23 2TH Tel: 0151 924 3671

Email: paula.morgan@crosbyhigh.org

If you require further information or wish to book an alternative appointment



30th September 2025

2nd December 2025

19th March 2026

14th May 2026

18th June 2026

**Tours are at
1.00pm and 2.00pm**

Here be Treasure

Private Fun
for all the family

Bootle Children's Literary Festival



29TH OCT - 15TH NOV 2025



Treasure Hunts
Giant Sandpit
Competitions
Meet Jack Sparrow
Free Family Workshops
Meet authors

PLUS

Schools Programme
Poetry Book Launch



Bootle Strand Shopping Centre, Kingsley & Co and various
other locations. Check out our website for full
programme www.bootlechildrenslitfest.co.uk

Charity number 1141530 Co Ltd 7150747





PRESENTS

HERE BE TREASURE

Bootle Children's Literary Festival 2025



OCT HALF TERM

THURS 30TH - SAT 1ST NOV
& SAT 8TH/15TH

THE STRAND
SHOPPING
CENTRE

FIND US IN THE
HIVE, NEXT TO
SHOEZONE



11 - 3PM



- DIG FOR TREASURE
- WALK THE PLANK
- PIRATE TRAINING
- MEET PIRATES
- LEARN THE PIRATE CODE
- PIRATE CRAFTS
- TREASURE HUNT

FREE



Visit bootlechildrensliterary.co.uk for more information!

Registered Charity No. 1141555 Company No. 7150747

PEARL OF AFRICA
CHILD CARE

THE PEARL OF AFRICA CHILDREN'S CHOIR UK TOUR



SINGING SO
OUR FRIENDS
CAN GO
TO SCHOOL

Your local concert:

Ormskirk Parish Church,

Church Street, Ormskirk, L39 3RD

Monday 13th October 2025, 7pm,



with

. Tickets £5.50/£8.50

Scan the QR code to
purchase tickets



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Email: dave@pearlofafrica.org.uk

UK registered charity number: 1122809

FOOTBALL CAMP

LED BY
EX-PRO &
UEFA A
LICENSED
COACH



OCTOBER HALF TERM

OPEN FOR BOYS & GIRLS OF ALL ABILITIES
IN **RECEPTION TILL YEAR 7**

VENUE: FORMBY CRICKET CLUB

DATES: MON 27 - FRI 31 OCT
TIME: 9:30AM - 3:00PM

EARLIER DROP OFF AVAILABLE*
SIBLINGS DISCOUNT

5% DISCOUNT
CODE: SCHOOL5
EXPIRES: 22 SEP 2025



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