



# Kew Woods News

Friday 10<sup>th</sup> October



## Connect, Kindness, Believe

Monday's assembly was a beautiful reminder of our school values –connect, kindness, and believe. We shared the story 'Be Kind', which sparked thoughtful conversations about how small actions can make a big difference.

On Friday, we had a celebration assembly where we celebrated individuals in each class who have been impressing their teacher, gave out our weekly attendance awards and announced the winners of Meol's Cop 'guesstimation' challenge.



**Executive Headteacher**  
**Christina Greaves**  
**Head of School**  
**Leanne Checkley**

**Tel: 01704 533 478**  
**[www.kewwoodsprimary.co.uk](http://www.kewwoodsprimary.co.uk)**

**ATTENDANCE:**  
**School attendance this week is 93.5% which is below national average.**  
**Well done to class RK who had the highest attendance at 98.3%**

**Dates:**  
**October**  
**w/c 13<sup>th</sup> - 1K Forest School**  
**Swimming for 3K, 3W, 4K and invited 6K children**  
**13<sup>th</sup> - Understanding Children's Behaviour Parent Workshop (please book on)**  
**17<sup>th</sup> - RW Buddy Assembly 9am**  
**w/c 20<sup>th</sup> - Swimming for 3K, 3W, 4W and invited 6W children**  
**20<sup>th</sup> - Fussy Eating Parent Workshop (please book on)**  
**22<sup>nd</sup> - Halloween Disco**  
**24<sup>th</sup> - RK Buddy Assembly**

## NEW Class Twitter Accounts

- Follow your children's classes at:
- ▶ [Nursery @nurserykew](#)
- ▶ [Reception @receptionkew](#)
- ▶ [Year 1 @Y1Kew](#)
- ▶ [Year 2 @Y2Kew](#)
- ▶ [Year 3 @Y3Kew](#)
- ▶ [Year 4 @Y4Kew](#)
- ▶ [Year 5 @Y5Kew](#)
- ▶ [Year 6 @Y6\\_Kew](#)



## This Week's Class Dojo Winners

Avar	RK
------	----

Martha	RW
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Kornelia	1K
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Zac	1W
-----	----

Vincent	2K
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Frankie & Carter A	2W
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Maddox	3K
--------	----

Cameron	3W
---------	----

Olivia W	4K
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Kyla M	4W
--------	----

Lenny	5K
-------	----

Imogen	5W
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Maxwell W	6K
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James H	6W
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## ***This Week's Big Question:***

***What can we learn from traditions like natural farming about living more sustainably today?***

BIG QUESTION of the week!

Here is a summary of what the pupils thought:

1K - We thought that growing your own food and making compost helps to look after our Earth.

1W - We can use grass cuttings, fallen leaves, dirty food and dirty water to make compost.

2K - We can learn not to waste anything and use the resources that we already have.

2W- We can help the Earth by watering plants, giving them space to grow, picking up litter, recycling things, and being kind to animals and nature.

4K - we discussed ways that we can try to live more sustainably, like recycling, creating compost and growing our own food. We talked about where our food comes from and that the more food we can produce here will have a positive effect on the climate.

4W - We discussed that natural farming does not include use of chemicals, natural farming sees farmers growing what they need so there is less waste and that we should work with nature and not against it. This helps protect the planet.

5K - We discussed that seasonal farming means growing crops at the best time of year, while over farming can damage the soil and make it harder to grow food later. We also talked about how supermarkets like Tesco import fruit and veg when it's out of season in the UK, which keeps shelves full but adds pollution from transport. Farming in a responsible, keeps farming sustainable for the future.

5W- Simon's natural farming shows us how to live in a way that helps the planet. He uses compost, saves water, and doesn't use chemicals. We can learn to grow food, recycle, and use less plastic to live more sustainably.

6K - Instead of throwing food away, we can save leftovers or turn scraps into compost to help plants grow. Also, eating seasonal fruit means we don't need food flown from far away. As well as this, if we grow more food at home, like tomatoes or herbs, we would be doing something that is better for the Earth.

## ***Next Week's Big Question:***

***What makes a community feel proud of its history?***



# 1W Forest School



## Year 6 History

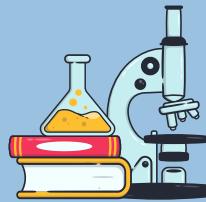


6K have been using their oracy skills to discuss what the causes of World War 2 might have been in their History lesson this week.



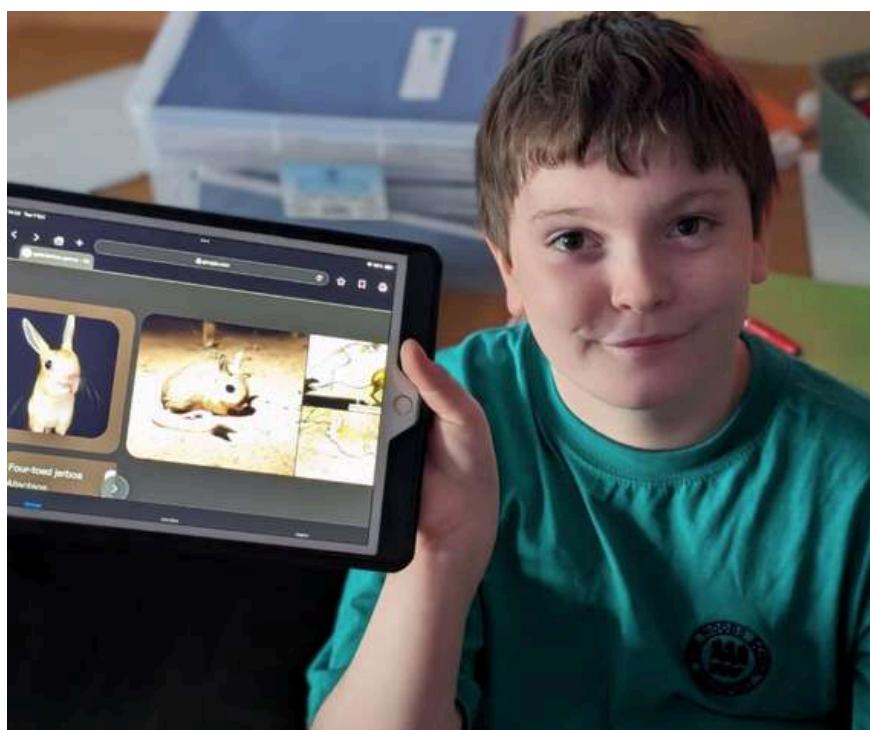
## Year 5 Hickory's

5K have made an excellent start to the year so were chosen for our Hickory's reward. They had a wonderful time eating breakfast, going in the cinema room and playing on the new playground.



## Year 6 Science

6W had a fantastic science lesson researching the taxonomy of unusual animals! They're loving their classification topic so far!



# NURSERY

## newsletter

# This week

This week at nursery we've had a wonderful time! The children enjoyed making their own delicious biscuits and then shared them during a lovely tea party with their friends. We also explored shape matching activities, helping everyone to recognise and sort different shapes. It's been a week full of learning, laughter, and creativity!

## Next week

Next week at nursery we will be reading Dear Zoo! We have lots of exciting activities planned, including trying to guess what might be hiding inside the special box the animals have left us. We'll also be exploring shapes in more detail, seeing if we can match and sort them in different ways. We will also be continuing to make biscuits!

# Reminders

Please send your child with a named water bottle, spare clothes and shoes. Don't forget puddle suits and wellies so we can enjoy outdoor play in all weathers! Please could we ask that any fruit in lunch boxes is sliced or squashed to make it easier and safer for the children to enjoy.



# 10 Top Tips for Parents and Educators DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

## 1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

## 2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

## 3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

## 4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

## 5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like 'It's not that bad' or 'You're okay' may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

## 6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

## 7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

## 8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

## 9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

## 10 BE PATIENT - HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

## Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



The National College®

# Sefton Family Hubs



## Tea & Toast at Linaker

LET'S TALK!



Join us for relaxed weekly sessions where you can talk, listen, and connect with others in your community. Whether you're a teenager, parent or carer, everyone is welcome.

Each week, we chat about topics that matter to you and our friendly staff are here to listen and link you with helpful advice and services.

Scan the QR code or visit  
[www.sefton.gov.uk/familyhubs](http://www.sefton.gov.uk/familyhubs) to  
view our Tea & Toast calendar

Drop-in every Tuesday and Thursday  
9:15am - 10:15am  
0151 288 6765



# Sefton Family Hubs



**Our Timetable**  
**September - December**  
**Support. Grow. Thrive.**

Sefton Council



## Sefton Family Hubs

## Talbot Street Family Hub

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Morning

9:30am - 11:30am  
Family Advice & Guidance  
Drop-in

9am - 5pm  
Volunteer Programme  
Booking required

9am - 3pm  
Sefton Welfare Rights  
Appointment Only  
Enquiries to  
welfare.rights@sefton.gov.uk

9:30am - 11:30am  
Family Advice &  
Guidance  
Drop-in

9:30am - 11:30pm  
Henry Programme  
Targeted Group  
Booking via Health  
Visitors  
Runs monthly

9:30am - 11:30am  
Family Advice &  
Guidance  
Drop-in

10am - 5pm  
Sefton Parents/Carers  
Group Coffee Morning  
Drop-in

10am - 12pm  
Careers Connect  
Drop-in (16-18)

9:30am - 11:30am  
Family Advice &  
Guidance  
Drop-in

12:30pm - 5pm  
Sefton Parent Carers  
1-1 Drop-in

1pm - 3pm  
ACEs (Young People)  
Targeted Group in  
schools  
(Starting October 2025)

9:30am - 11:30am  
Family Advice &  
Guidance  
Drop-in

1pm - 5pm  
Virtual Offer  
Information, Advice, and  
Guidance

Breastfeeding Support  
Parent Carer Panel

Afternoon

1pm - 2:30pm  
Little Explorers / Peeps  
For ages 0-4  
Drop-in

3:30pm - 4:30pm  
Gardening Club - Edible  
Gardens  
Drop-in (Runs September -  
October)

3:30pm - 4:30pm  
Little Chefs  
Booking required

1pm - 5pm  
Family Law Advice  
Appointment Only

Virtual Offer  
Information, Advice, and  
Guidance

Breastfeeding Support  
Parent Carer Panel

St. Andrews Place, Southport, PR8 1HR | 01704 534975 | [Seftonfamilyhubdeliveryteam@sefton.gov.uk](mailto:Seftonfamilyhubdeliveryteam@sefton.gov.uk)

Sefton Council

**Support. Grow. Thrive.**



# Sefton Family Hubs

Sefton Family Hubs  
Canning Road

Monday

Tuesday

Wednesday

Thursday

Friday

10am - 12pm  
Sensory Baby  
Drop-in

9:30am - 11am  
Baby Clinic  
By appointment only  
via Health Visitors

9:30am - 11am  
Sefton Breastfeeding  
Support Group  
Drop-in

Morning

Afternoon

Canning Road Methodist Church, PR9 7SS | 01704 534975 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Sefton Council 

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## Sefton Family Hubs

Linaker Family Hub

Monday

Tuesday

Wednesday

Thursday

Friday

9:15am - 11:30am  
Parent Carer  
Drop-in

9:30am - 11:30am  
Youth Connect 5  
Targeted Group  
Booking Required

10:30am - 11:30am  
Baby Massage  
Booking required

9:15am - 10:15am  
Tea and Toast  
Drop-in

10am - 12pm  
ACES (Female)  
Targeted Group  
Booking required

Phoenix Healing CIC  
Freedom Programme  
By appointment via 07368  
686 730

12pm - 5pm  
Midwives - Stop Smoking in  
Pregnancy  
Appointment Only

1pm - 5pm  
Parent Carer Panel  
Online Twilight Session

6pm - 8pm  
Caring Dads  
Targeted Group through  
Brighter Kinder Futures -  
brighterkinderfutures@sefto  
n.gov.uk

9:15am - 10:15am  
Tea and Toast  
Drop-in

10am - 12pm  
Riding the Rapids  
Targeted Group  
Booking required

Virtual Offer  
Information, Advice,  
and Guidance  
Breastfeeding  
Support  
Parent Carer Panel

103 Linaker Street, Southport, PR8 5DQ | 0151 288 6765 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

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# Sefton Family Hubs

## First Steps Family Hubs Farnborough Road

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9:30am - 10am &  
10:15am - 11am  
Toddler Rhyme Time at  
Birkdale Hub Station  
Master's House - call to  
book

9:30am - 10:15am  
Jo Jingles  
For 18m - 3yrs  
  
10:45am - 11:30am  
Jo Jingles  
For 3m - 18m  
  
Dates: 9/9 - 21/10  
Facilitated by partners  
Booking Required  
£42 for 7 weeks

9:30am - 10:10am  
Dancing Songbirds  
For 18m-3yrs  
Drop-in  
  
10:30am - 11am  
Baby Rhyme Time  
For birth to crawling  
Drop-in

9am - 11:30am  
Positive Parenting  
Course  
Booking Required

Afternoon

1:30pm-2:30pm  
Baby Yoga  
For 6 - 12 month olds  
  
Dates: 22/9 - 13/10  
Facilitated by partners  
£10 Booking Required

1pm-3pm  
Baby Weigh-in  
Book with your Health  
Visitor

1:30pm - 2:30pm  
Baby Massage  
For 6wks - 6m  
  
Dates: 26/9 - 17/10  
Facilitated by partners  
£10 Booking Required

Farnborough Road Infant School, Farnborough Road, Birkdale, PR8 3DF | c.horton.fs@schools.sefton.gov.uk  
Call us to book your place on 01704 572 579

Sefton Council 

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# Sefton Family Hubs

## First Steps Family Hubs King's Meadow

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

10am - 11am  
Little Treasures  
For birth to crawling  
Drop-in

9:30am - 11:30am  
Life's for Living Sefton  
(Children)  
Booking required

10:30am - 11:30am  
Little Chefs  
For 2 - 5 year olds  
  
Dates: 19/9 - 24/10  
Facilitated by partners  
Booking Required  
£15 for a 6-week course

Afternoon

1pm - 2pm  
Baby Weigh-in  
Book with your Health  
Visitor

1:30pm-2:30pm  
Top Tots  
For 18 months +  
Drop-in

1pm - 2pm  
Toddler Group  
For 18 months +  
Drop-in

Saturday

10am - 12pm  
Dad's Club  
Drop-in  
  
Dates: 4/10 & 8/10

Kings Meadow Primary School, Meadow Lane, Ainsdale, PR8 3RS | c.horton.fs@schools.sefton.gov.uk  
Call us to book your place on 01704 571606

Sefton Council 

Support. Grow. Thrive.





**BRINGING SUPPORT FOR FAMILIES INTO OUR  
COMMUNITY**

## **TAS MARKET PLACE - CLUSTER 1**

**MONDAY 13<sup>TH</sup> OCTOBER 2025  
MEOLS COP HIGH SCHOOL 3.30PM-6PM**

**COME ALONG TO MEET THE PROFESSIONAL  
SERVICES AND FIND OUT HOW THEY CAN  
SUPPORT YOU AND YOUR SCHOOL.  
ALL SOUTHPORT SCHOOLS ARE WELCOME  
TO ATTEND.**

Mental Health Support      Young Carers  
  
Rise Up      Inclusion      Wellbeing Centres  
  
Health      Police      Housing  
  
Substance Misuse      SEND support



# FREE SUPPORT FOR LOCAL FAMILIES

## FREE WORKSHOPS FOR PARENTS & CARERS



WANT MORE INFORMATION?

0151 288 6286

active.sports@sefton.gov.uk  
www.henry.org.uk



### Eating Well for Less

Learn how to eat healthily without overspending.

- Budget-friendly shopping tips
- Meal planning for healthy family meals

### Understanding Children's Behaviour

Discover what's behind your child's actions and how to respond effectively.

- Understand the feelings behind behaviour
- Parenting tips for boundaries and cooperation

### Looking After ourselves

Find ways to manage stress and prioritise your wellbeing.

- Practical strategies to reduce family stress
- Tips for staying calm and balanced

### Fussy Eating (5-7 Years)

Make mealtimes enjoyable and help your child try new foods.

- Fun ways to encourage trying new foods
- Meal ideas packed with the nutrients they need

*"This is the best thing I could possibly have done to help me to be a better mum."*

— Parents from our Healthy Families Workshops



In partnership with



Sefton Council

### Upcoming Sessions:

Kew Woods Primary School  
Understanding Childrens Behaviour - Monday 13th October  
Fussy Eating - Monday 20th October  
Healthy Teeth - Monday 10th November

All groups will start at 2pm.

sign up today!

# APPLY FOR A SCHOOL PLACE

**Is your child born on or between  
01/09/2021 and 31/08/2022?**

**If so, your child is due to start  
school September 2026!**



**You MUST apply for a school place  
online before 15 January 2026**

For more information or to make an application, scan our QR code or go to  
[www.sefton.gov.uk/startingschool](http://www.sefton.gov.uk/startingschool)





National  
Autistic  
Society

Teen Life  
Licensed

To find out more visit:  
[www.autism.org.uk/earlybird](http://www.autism.org.uk/earlybird)

# What does autism look like in teenagers?



Join the National Autistic Society's Teen Life programme for parents and carers of young autistic people aged ten to 16.

## Teen Life programme

Get together with other parents to share advice and experiences. The six-session programme covers:

- understanding autism in teenagers
- women and girls
- self-esteem
- stress and anxiety
- puberty
- planning for the future.

**"What a course! I would strongly recommend any parent with a teenage child on the autism spectrum attend this programme."**

Parent

This is your local licensed Teen Life group leader, trained by the National Autistic Society.



Contact them for more information:

Name: Libby Woods

Contact: [seftonnastraining.gov.uk](mailto:seftonnastraining.gov.uk)





National  
Autistic  
Society



## Teenlife Parent Programme - Information

**AUTUMN 2 2025**

**VENUE: Meols Cop High School, Meols Cop Road, Southport, PR8 6JS.**

**Sessions will be 9.30am- 12 noon**

*This is a **free** course for both parents/carer and a professional from school if parents wish and school can attend. It runs weekly during the school day.*

*Attendance is recommended to all sessions and is a great way to share good practice for both home and school and support families and carers with a child aged 10 and above with an autism profile through this programme.*

*Please see below for dates:*

<b>Session number</b>	<b>Date</b>	<b>Topic</b>
1	4/11/25	Understanding autism
2	11/11/25	Understanding autistic identity
3	18/11/25	Stress and anxiety/ understanding behaviour
4	25/11/25	Health and well-being
5	2/12/25	Puberty
6	9/12/25	Education/ Transition to adulthood

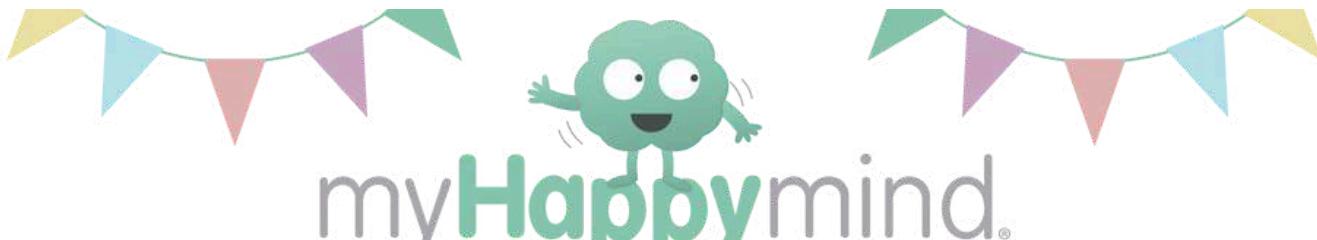


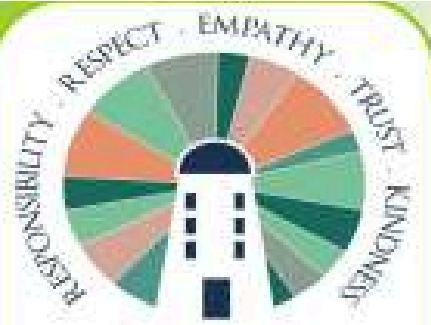
myHappymind

SCHOOL

myHappymind is all based around helping children to understand how their brain works and to support them in developing positive skills and habits to be their very best selves!

Parental app is available here -  
<https://www.learn.myhappymind.org/Customer-Parents-Resources-Activation-Code> - code 146895





**CROSBY  
HIGH SCHOOL**



# Open Day Schedule 2025-26

Contact: Paula Morgan

Crosby High School, De Villiers Avenue,

Crosby, L23 2TH Tel: 0151 924 3671

Email: paula.morgan@crosbyhigh.org

if you require further information or wish to book an alternative appointment

**30th September 2025**

**2nd December 2025**

**19th March 2026**

**14th May 2026**

**18th June 2026**

**Tours are at  
1.00pm and 2.00pm**



# Here be Treasure

Piratey Fun  
for all the family

## Bootle Children's Literary Festival



29<sup>TH</sup> OCT - 15<sup>TH</sup> NOV 2025



Treasure Hunts

Giant Sandpit

Competitions

Meet Jack Sparrow

Free Family Workshops

Meet authors

PLUS

Schools Programme

Poetry Book Launch



Bootle Strand Shopping Centre, Kingsley & Co and various other locations. Check out our website for full programme [www.bootlechildrenslitfest.co.uk](http://www.bootlechildrenslitfest.co.uk)

Charity number 101530 GSC 7150747





PRESENTS

# HERE BE TREASURE

Bootle Children's Literary  
Festival 2025



OCT HALF TERM  
THURS 30<sup>TH</sup> - SAT 1<sup>ST</sup>  
& SAT 8<sup>TH</sup>/15<sup>TH</sup> NOV

THE STRAND  
SHOPPING  
CENTRE

FIND US IN THE  
HIVE, NEXT TO  
SHOEZONE

Kingsley & Co



11 - 3PM



FREE

- DIG FOR TREASURE
- WALK THE PLANK
- PIRATE TRAINING
- MEET PIRATES
- LEARN THE PIRATE CODE
- PIRATE CRAFTS
- TREASURE HUNT



Bootle Children's  
Literary Festival

Visit [bootlechildrenslittfest.co.uk](http://bootlechildrenslittfest.co.uk) for more information!

Registered Charity No 1141413 Company No. 7150747

PEARL OF AFRICA  
CHILD CARE



# THE PEARL OF AFRICA CHILDREN'S CHOIR UK TOUR



**SINGING SO  
OUR FRIENDS  
CAN GO  
TO SCHOOL**

**Your local concert:**  
**Ormskirk Parish Church,**  
**Church Street, Ormskirk, L39 3RD**  
**Monday 13th October 2025, 7pm,**

with  **. Tickets £5.50/£8.50**

**Scan the QR code to  
purchase tickets**



Find us on:



[WWW.PEARLOFAFRICA.ORG.UK/INDEX.PHP/DONATE](http://WWW.PEARLOFAFRICA.ORG.UK/INDEX.PHP/DONATE)

Tel: 07563 618823

Email: [dave@pearlofafrica.org.uk](mailto:dave@pearlofafrica.org.uk)

UK registered charity number: 1122809

# FOOTBALL CAMP

LED BY  
EX-PRO &  
UEFA A  
LICENSED  
COACH

## OCTOBER HALF TERM



OPEN FOR BOYS & GIRLS OF ALL ABILITIES

**IN RECEPTION TILL YEAR 7**

**VENUE: FORMBY CRICKET CLUB**

**DATES: MON 27 - FRI 31 OCT**

**TIME: 9:30AM - 3:00PM**

EARLIER DROP OFF AVAILABLE\*  
SIBLINGS DISCOUNT

**5% DISCOUNT**

CODE: SCHOOL5

EXPIRES: 22 SEP 2025



**PRICE £20  
FROM PER DAY**

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