



# Kew Woods News

Friday 28th November



**Executive Headteacher**

**Christina Greaves**

**Head of School**

**Leanne Checkley**

**Tel: 01704 533 478**

**[www.kewwoodspprimary.co.uk](http://www.kewwoodspprimary.co.uk)**

## **ATTENDANCE:**

**School attendance this week  
is 95.6% which is above  
national average.**

**Well done to class 5W who  
had the  
highest attendance at  
99.6%**

## **Dates:**

### **December**

**2nd** - EYFS Nativity performances for parents at 9:15am and 2:15pm

**5th** - KS1 Carol Concert 9:15am and 2:15pm

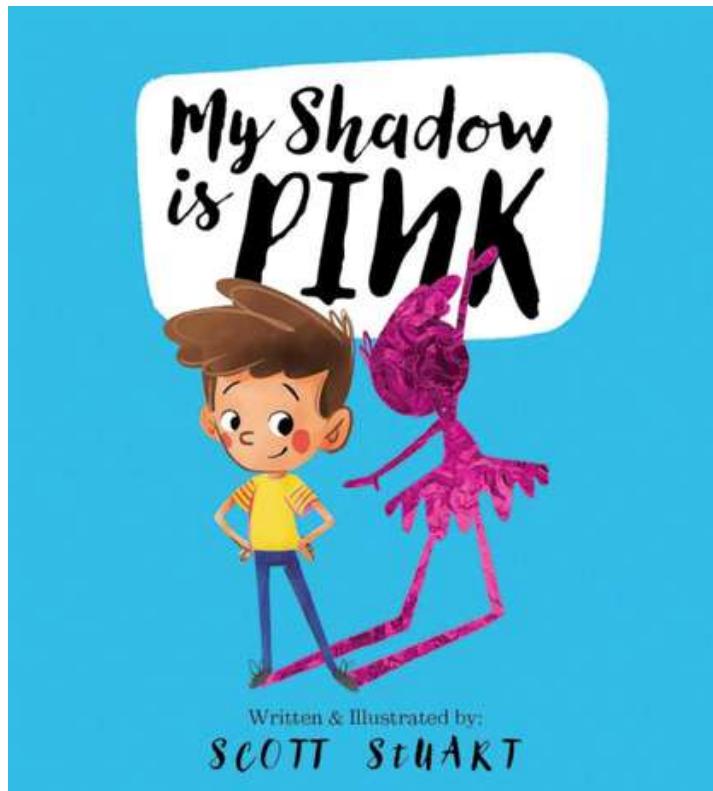
**9<sup>th</sup>** - KS2 Carol Concert 9:15am and 2:15pm

**10<sup>th</sup>** - Christmas Dinner Day

**16<sup>th</sup>** - Year 6 production 1:30pm and 6pm

**17<sup>th</sup>** - Christmas Party Day

**19<sup>th</sup>** - School closes at 1:30pm



## NEW Class Twitter Accounts

- Follow your children's classes at:
- ▶ [Nursery @nurserykew](#)
- ▶ [Reception @receptionkew](#)
- ▶ [Year 1 @Y1Kew](#)
- ▶ [Year 2 @Y2Kew](#)
- ▶ [Year 3 @Y3Kew](#)
- ▶ [Year 4 @Y4Kew](#)
- ▶ [Year 5 @Y5Kew](#)
- ▶ [Year 6 @Y6\\_Kew](#)



## This Week's Class Dojo Winners

Aris	RK
Leo	RW
Aizel	1K
Paige	1W
Harun	2K
Frankie	2W
Layton	3K
George	3W
Ariella M W	4K
Rayann	4W
Sophia M	5K
Alyssa	5W
Maxwell	6K
Hollie	6W

***This Week's Big Question is linked to the British Value of Democracy:  
What happens when everyone in a group plays their part well?***

**BIG QUESTION of the week!**

Here is a summary of what the pupils thought:

1K - When we work well together, we all do better and we feel happier. It helps us to make friends and feel happier to join in.

1W - When you work together, you can achieve anything and you help other people to do their best too.

2K - When you work together, it helps us feel proud and celebrate each other. We should always show teamwork and try our best.

2W- When we work together, we can support each other and cheer each other up when we are struggling. It is good to work with people to make friends.

3K - When everyone in a group plays their part well, the whole team works better. Things get done faster, people are happier and it feels good to know you are all working together and trying your best.

3W- When you work well in a team, people will want to work with you again and you might make new friends from your group.

4K - When you play your part well, performances go well and you will be good at what you do. You will improve and learn new skills. With trust and teamwork, you could make something incredible and make people, and yourself, happy and proud. Everybody gets the chance to participate and succeed when you work well in a group.

4W - When everyone plays their part well, it makes everyone happy and allows the group to work effectively. Also, if people see a group that is working well together, they would more likely to want to join in with the group.

5W- When we collaborate, things run smoothly and things become easier. When everyone plays their part, all involved become happier as working in a team feels much more positive.

6K - When everyone plays their part, people are happier because no one feels stressed or left out. Things go to plan because everyone is working together. Working as a team is much more fun than working alone!

***Next Week's Big Question is linked to the British Values of Rule of Law  
and Tolerance :***

***Why is it important for people to stand up for what is right?***



# Developing a Love of Reading



This week, EYFS enjoyed listening to The Gruffalo in the Immersive Room. On Tuesday, Year 1 and Year 2 had a very special visitor – the author Sean Perkins. The children were really engaged whilst listening to him read his books and also learnt about rhyme. If you would like to order his books, we can now accept orders until Wednesday 3<sup>rd</sup> December.





# kNOWKnifeCrime

On Friday, a group of our children, along with other pupils from Southport Learning Trust, ran 2.4 miles to pass over a bleed control kit to members of Wigan Rugby Club, who had cycled 21 miles to meet them. They then formed a guard of honour as the cyclists began the journey back on their sponsored bike ride. This was a symbolic act of the shared responsibility we have to keep our communities safe and we are proud of passing the message of kNOWKnifeCrime from Sefton through Lancashire to Greater Manchester.

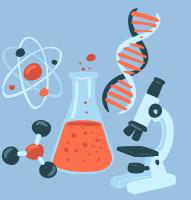




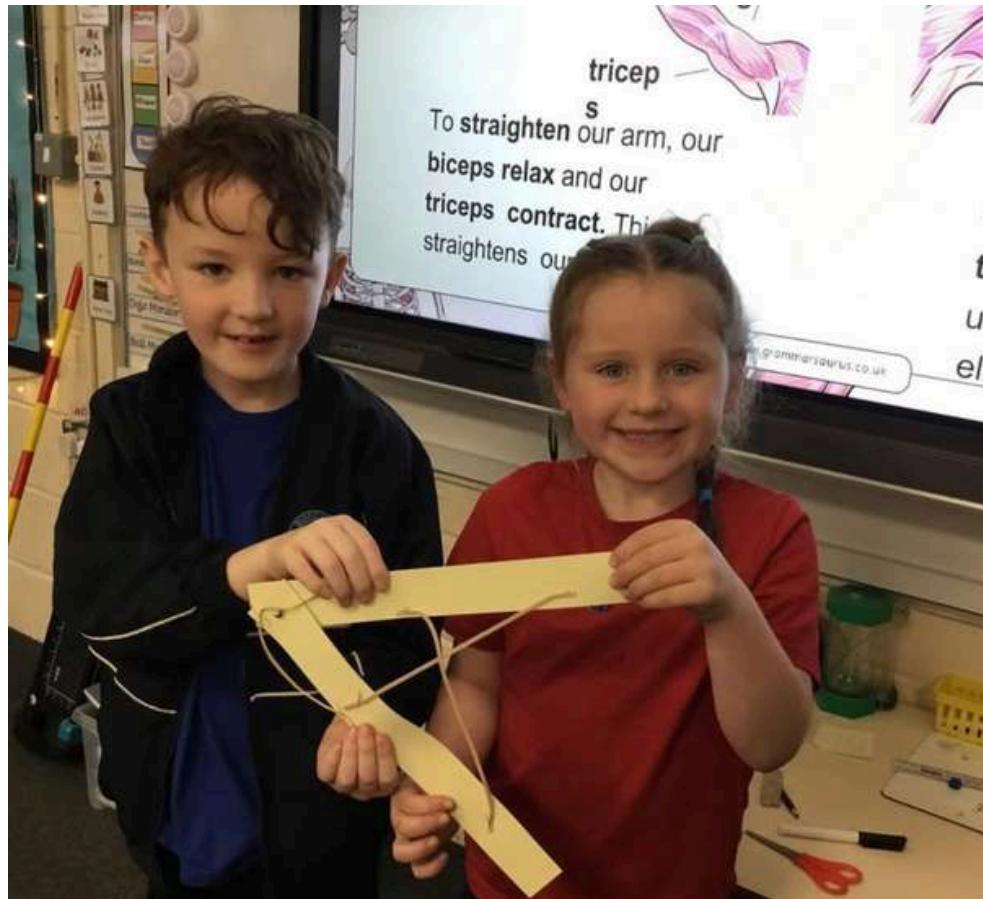
# Year 1 Geography



Year 1 enjoyed visiting our immersive room this week as part of their Geography work, learning about the continents.



# Year 3 Science



In science, this term in Year 3 has been animals including humans. In their lesson this week, they learnt about the muscles in our body and the job they do to keep our bodies safe. They learnt about what happens to our muscles when we tense and had a go at making their own model of tricep and biceps muscles using elastic bands, card, staples and butterfly clips! These models showed how our bicep muscles go shorter and longer when we flexed and our tricep muscles relaxed! Good job Year 3!



# School Council

School Council had a meeting where they discussed ideas for making our school even better. They requested we sometimes use the outdoor speaker for music during some break times so they are collecting suggestions of songs for the playlist from their classmates. They also decided it would be good to hold a book swap so this is happening at break times next week. They also demonstrated the British Value of democracy by judging the entries for the MP's Christmas Card Competition and voted for the two finalists.



## Competition Winners

Well done to our two winners of the MP's Christmas Card Competition!



# NURSERY

## newsletter

### This week

This week, nursery have had great fun! We have loved reading our new story *Bear Snores On* and have learned lots of new vocabulary. We also enjoyed learning about AB patterns and created our own patterns using natural materials and counters. In addition, we used magnifying glasses to look closely at autumn items.



### Next week

Next week we will be reading '*One Snowy Night*'. We will be continuing our patterns topic and building on what we have learned by expanding our AB patterns into ABC patterns. The children will have opportunities to explore and create these new patterns using natural materials and a range of maths resources. We will also be encouraging the children to talk about the patterns they notice and explain the sequences they create, helping to develop their mathematical thinking and vocabulary even further.

### Reminders

Please send your child with a named water bottle, spare clothes and shoes. Don't forget puddle suits and wellies so we can enjoy outdoor play in all weathers! Please could we ask that any fruit in lunch boxes is sliced or squashed to make it easier and safer for the children to enjoy.



# What Parents & Educators Need to Know about

# TIKTOK

FOLLOW

AGE RESTRICTION

13+

(Certain features are restricted to over-18s only)

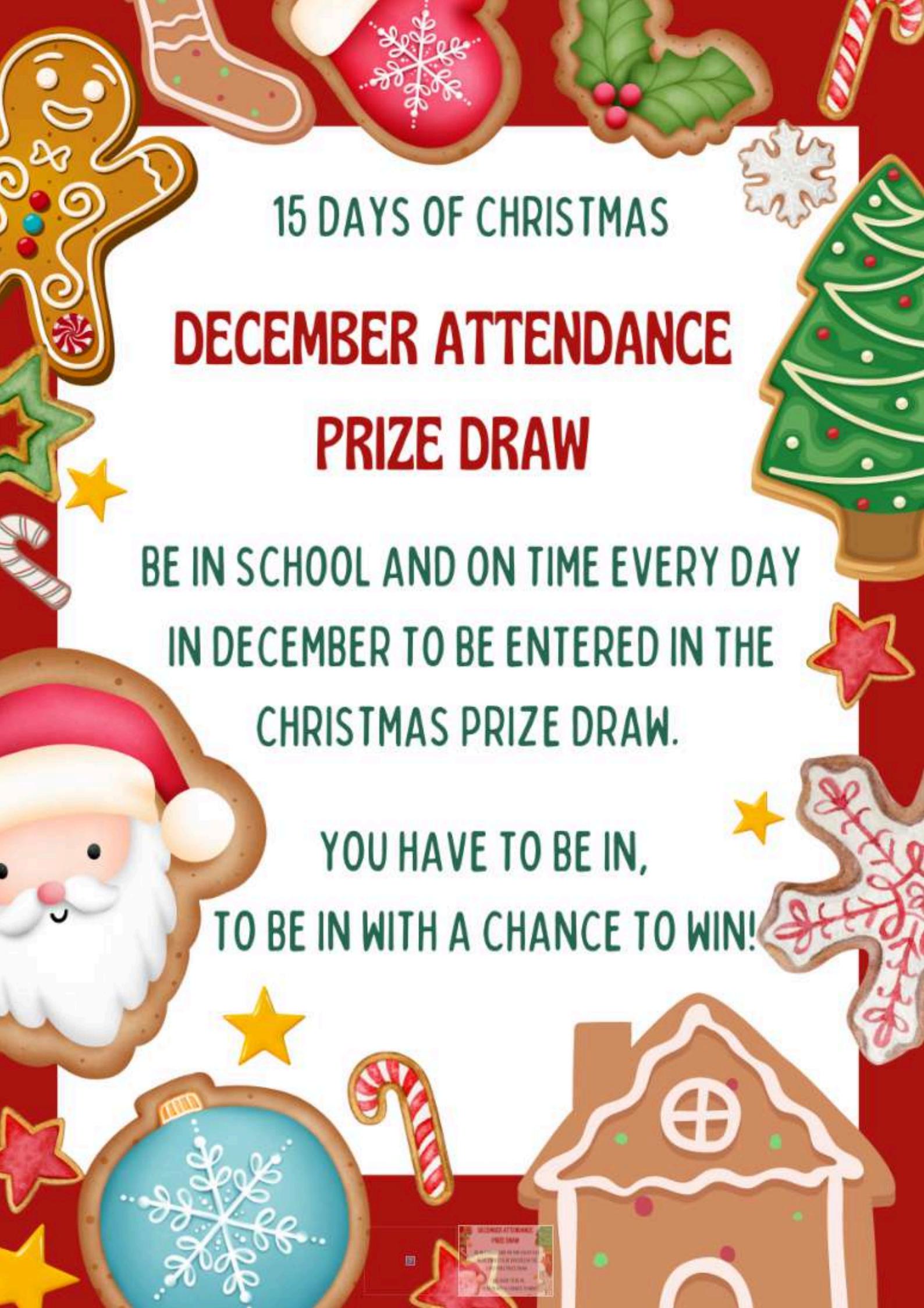


Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

WakeUp  
Wednesday®

The  
National  
College®

SWIPE FOR TIPS



15 DAYS OF CHRISTMAS

## DECEMBER ATTENDANCE PRIZE DRAW

BE IN SCHOOL AND ON TIME EVERY DAY  
IN DECEMBER TO BE ENTERED IN THE  
CHRISTMAS PRIZE DRAW.

YOU HAVE TO BE IN,  
TO BE IN WITH A CHANCE TO WIN!

# **KEW WOODS PRIMARY SCHOOL BOOK SWAP**



**BRING A BOOK, TAKE A BOOK!**

**W/C 1ST DECEMBER**

**EVERY  
BREAK TIME**

You can also drop your child's cards and/or pictures at school until 12<sup>th</sup> December.

# Christmas Appeal

## 2025

We're appealing for cards and pictures to cheer up our patients this Christmas and brighten their stay.

You can post your cards and artwork to:

Patient Experience Team  
Legal Services, Whiston Hospital,  
Prescot, L35 5DR

or

Patient Experience Team  
CMO Office, Southport Hospital,  
Town Lane, PR8 6PN

You can also email your cards and artwork to:

[Patientexperienceandedi@merseywestlancs.nhs.uk](mailto:Patientexperienceandedi@merseywestlancs.nhs.uk)

Please send all submissions by Friday 19<sup>th</sup> December 2025. Please include your name and address so we send you a thank you letter on behalf of MWL and our patients.

THANK  
YOU

**FAB4**  
A FORCE FOR FOOD

# HO HO HO!

Join the  
**FAB4**  
for a  
**yummy**  
**Christmas Lunch!**



Join us on...

# Sefton Parent/Carer SEND Survey

We would like to gather your views, as parents/carers of children and young people with Special Educational Needs and/or Disabilities (SEND), on what is going well and what could be improved in our local area.

**HAVE YOUR SAY BY 8<sup>TH</sup> MARCH 2026**  
visit [yourseftonyoursay.sefton.gov.uk](http://yourseftonyoursay.sefton.gov.uk)



SEFTON  
SEND  
PARTNERSHIP

YOUR SEFTON  
YOUR SAY

Sefton Council



National  
Autistic  
Society

EarlyBird ✓  
Licensed

## EarlyBird Programme

Does your child have a diagnosis of Autism or on the pathway for a diagnosis. Join the National Autistic Society's EarlyBird programme for parents and carers of children aged under 6 years.

Our next programme will run for 6 consecutive Wednesdays starting 21<sup>st</sup> January 2026 (there will be no session during half term 18<sup>th</sup> February 2026) There will be sessions available AM and PM and confirmed once all applications have been received

The sessions will take place at Thomas Gray Primary School Chestnut Grove Bootle L20 4LX



The six-session programme covers:

- understanding autism
- communication
- understanding autistic experiences
- supporting daily living
- health and wellbeing
- connections.

*"This has made a real difference to me. In general, life-changing."*  
Parent



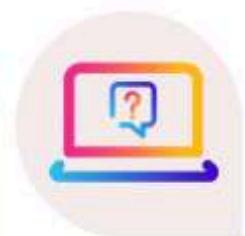
The EarlyBird programme aims to empower parents and supporting professionals to understand more about autism and discuss useful strategies on how to support autistic children.

For more information and an application pack please contact

Name: Tina Galletly

Contact: [tina.galletly@sefton.gov.uk](mailto:tina.galletly@sefton.gov.uk)

Applications to be submitted by Monday 01.12.25  
2025



## Free places available at our Christmas Sport Camps

Dear Parents/Guardians,

### **FREE PLACES for benefit related Free school meal children**

As part of the HAF program we have limited FREE places available on a first come first served basis. We will be providing a healthy hot meal and snack supplied by an outside caterer along with drinks throughout the day.

To receive a free place your child must meet the following criteria:

- be eligible for benefit related Free school meals and live in Sefton
- attend for a minimum 4 hours per funded day
- It will be on a first come first served basis
- Please state that you are eligible for the free place on the text. I have to then check this with school to confirm eligibility

**Camp 1: Multi Sports at Linacre Primary School, Bootle, L20 5ED - enter via school entrance -**  
Drop off at 9am - pick up at 3pm.

**Dates:** 22nd December  
23rd December  
29th December  
30th December  
2nd January

**Camp 2: Multi Sports at Our Lady of Lourdes Primary School, Birkdale, PR8 4LT - enter via big blue gate -**  
Drop off at 9am - pick up at 3pm.

**Dates:** 22nd December  
23rd December  
29th December  
30th December  
2nd January

To reserve a place please send a text to 07725189965 stating your child's name, if they are eligible for a Free place or not, all dates that you want your child to attend and your child's school and current year group.

If you require any further information please give me a call on 07725189965. **A confirmation text will be sent once booking is received. You must bring the completed form below with you on your child's first day at camp.**

---

Name..... Age.....

Parent Name & Emergency Contact Number 1 .....

Parent Name & Emergency Contact Number 2 .....

Any medical condition or food allergies to be aware of?

.....  
.....

Any other special instruction or behavioural considerations?

.....  
.....

Collection Password.....

I do / do not give consent to photography/videography for social media (please circle)

Signed..... Date.....



Community Multi Sports Coaching



Community Multi Sports Coaching



Community\_MSC



## **Christmas Sport Camp's**

### **£15 per day**

Dear Parents/Guardians,

Community Multi Sports Coaching are delighted to announce our Christmas Sports Camp. The cost is £15 per day. Please book at least 1 week before the camp start date.

**Camp 1: Multi Sports at Linacre Primary School, Bootle, L20 5ED - enter via school entrance -  
Drop off at 9am - pick up at 3pm.**

**Dates:** 22nd December  
23rd December  
29th December  
30th December  
2nd January

**Camp 2: Multi Sports at Our Lady of Lourdes Primary School, Birkdale, PR8 4LT - enter via big blue gate -  
Drop off at 9am - pick up at 3pm.**

**Dates:** 22nd December  
23rd December  
29th December  
30th December  
2nd January

Spaces are limited and will be allocated on a first-come, first-served basis. To book a place please send a text to 07725189965 stating your child's name, year group and camp week. You will then need to make payment directly to **Community Multi Sports Coaching LTD (Sort code: 04-06-05 . Account No: 28907710)**. Please put your child's surname and school as a payment reference so I know who has made the payment. A confirmation text will be sent once payment is received.

If you require any further information please give me a call on **07725189965**.  
Please bring the following:

- Suitable Footwear/Clothing to play on the playground or in the school hall.
- Packed lunch and drinks
- Completed reply slip below to give to our coaches

Kind Regards,

Community Multi Sports Coaching Ltd

---

Name..... Age.....

Parent Name & Emergency Contact Number 1 .....

Parent Name & Emergency Contact Number 2 .....

Any medical condition or food allergies to be aware of?  
.....

Any other special instruction or behavioural considerations?  
.....

Collection Password.....

I do / do not give consent to photography/videography for social media (please circle)

Signed..... Date.....

**WE ARE OPEN FROM 8.30AM - 2.00PM  
24<sup>TH</sup> + 25<sup>TH</sup> + 26<sup>TH</sup> DECEMBER**

**ARE YOU VULNERABLE?  
DON'T BE COLD ...  
OR HUNGRY ...  
OR ALONE AT CHRISTMAS**

**THE  
ALCHEMY  
CENTRE  
3 MORNINGTON RD  
SOUTHPORT  
PR9 0TS**

**BREAKFAST • HOT LUNCH • TAKEOUT DINNER**

Southport Christmas Shelter provide a warm and welcoming environment over the festive season, where you can come along to enjoy hot and cold food throughout the day, as well as checking-out our huge selection of warm winter clothing



**EVERYTHING  
FREE**



**EMAIL:  
[xmasshelter.southport@gmail.com](mailto:xmasshelter.southport@gmail.com)**

# Read Write Inc. Phonics

At Kew Woods we use Read Write Inc. Phonics to support in teaching your child to read. Over the half term there will be no reading books or spellings sent home as children will be re-grouped when we return to school. We encourage you to still read with and to your child daily or use the QR codes below to watch Read Write Inc sounds videos and the sound pocket book that has gone home with your child today.

In the appropriate QR code there will be 10 videos for you to watch one a day for the children to gain confidence in the sounds.

## Reception



## Year One



# EARLY YEARS SEND TEAM

# Parent | Carer Coffee Morning



Has your child got Special Educational Needs/Disabilities?  
Do you want to know more about SEND processes and the support available in Sefton?  
Do you want to meet other parents/carers of children with SEND?

Meet with professionals from Aiming High, Early Help, Sefton Parent Carers and the Autism and Complex Needs Teams.

## North Sefton

**Southport**  
Linaker Family Hub,  
PR8 5DQ  
10am-12pm

7<sup>th</sup> November 2025  
9<sup>th</sup> March 2026  
19<sup>th</sup> June 2026

## Central Sefton

**Maghull**  
Hudson Family Hub,  
L31 5LE  
10am-12pm

28<sup>th</sup> November 2025  
2<sup>nd</sup> February 2026  
22<sup>nd</sup> May 2026

## South Sefton

**Seaforth**  
South Sefton Adult Education Centre,  
L21 1 EZ  
10am-12pm

12<sup>th</sup> September 2025  
12<sup>th</sup> January 2026  
16<sup>th</sup> April 2026

Take time for you and have a brew! All children welcome.



For more information please contact:  
[Lauren.Wilding@sefton.gov.uk](mailto:Lauren.Wilding@sefton.gov.uk)



## Early Years Speech and Language Project

### Parent/carer advice line

#### Dear Families

- If you have **concerns** about your child's speech and language development and they **have not yet been referred** to speech and language therapy you can contact our advice line. We will book in a call to discuss your child and your concerns.
- We can give you strategies to try at home, discuss what we would expect for children at different ages, give advice about referrals etc.
- We are a team of speech and language therapists working with Early Years settings in Sefton
- If you are interested in a phone call to chat about your child's speech, language and communication please contact us on [earlyyearsadvicelinesefton@alderhey.nhs.uk](mailto:earlyyearsadvicelinesefton@alderhey.nhs.uk) and we will get back to you with a date and time for a phone call

#### When you email us please include:

- **Your name and telephone number**
- **Your child's name and the setting they attend**

Email us on: [earlyyearsadvicelinesefton@alderhey.nhs.uk](mailto:earlyyearsadvicelinesefton@alderhey.nhs.uk)

- **Please check your emails for our reply with the date and time we will call you**
- **We will also ask you to return some basic information so we have your child's details**

Please note: this advice line is just for children who aren't referred to speech and language therapy. If your child is already referred to speech and language therapy you can contact our speech and language therapy department on [childrensslt@alderhey.nhs.uk](mailto:childrensslt@alderhey.nhs.uk) or 0151 247 6109 and our admin team will be able to direct your query to the right person.

# Sefton Family Hubs



## Tea & Toast at Linaker

LET'S TALK!



Join us for relaxed weekly sessions where you can talk, listen, and connect with others in your community. Whether you're a teenager, parent or carer, everyone is welcome.

Each week, we chat about topics that matter to you and our friendly staff are here to listen and link you with helpful advice and services.

Scan the QR code or visit  
[www.sefton.gov.uk/familyhubs](http://www.sefton.gov.uk/familyhubs) to  
view our Tea & Toast calendar

Drop-in every Tuesday and Thursday  
9:15am - 10:15am  
0151 288 6765



# Sefton Family Hubs



**Our Timetable**  
**September - December**  
**Support. Grow. Thrive.**

Sefton Council



## Sefton Family Hubs

## Talbot Street Family Hub

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Morning

9:30am - 11:30am  
Family Advice & Guidance  
Drop-in

9am - 5pm  
Volunteer Programme  
Booking required

9am - 3pm  
Sefton Welfare Rights  
Appointment Only  
Enquiries to  
welfare.rights@sefton.gov.uk

9:30am - 11:30am  
Family Advice &  
Guidance  
Drop-in

9:30am - 11:30pm  
Henry Programme  
Targeted Group  
Booking via Health  
Visitors  
Runs monthly

9:30am - 11:30am  
Family Advice &  
Guidance  
Drop-in

10am - 5pm  
Sefton Parents/Carers  
Group Coffee Morning  
Drop-in

10am - 12pm  
Careers Connect  
Drop-in (16-18)

9:30am - 11:30am  
Family Advice &  
Guidance  
Drop-in

9:30am - 11:30am  
Family Advice &  
Guidance  
Drop-in

Afternoon

1pm - 2:30pm  
Little Explorers / Peeps  
For ages 0-4  
Drop-in

3:30pm - 4:30pm  
Gardening Club - Edible  
Gardens  
Drop-in (Runs September -  
October)

3:30pm - 4:30pm  
Little Chefs  
Booking required

1pm - 5pm  
Family Law Advice  
Appointment Only

12:30pm - 5pm  
Sefton Parent Carers  
1-1 Drop-in

1pm - 3pm  
ACEs (Young People)  
Targeted Group in  
schools  
(Starting October 2025)

Virtual Offer  
Information, Advice, and  
Guidance  
Breastfeeding Support  
Parent Carer Panel

St. Andrews Place, Southport, PR8 1HR | 01704 534975 | [Seftonfamilyhubdeliveryteam@sefton.gov.uk](mailto:Seftonfamilyhubdeliveryteam@sefton.gov.uk)

Sefton Council

**Support. Grow. Thrive.**



# Sefton Family Hubs

Sefton Family Hubs  
Canning Road

Monday

Tuesday

Wednesday

Thursday

Friday

10am - 12pm  
Sensory Baby  
Drop-in

9:30am - 11am  
Baby Clinic  
By appointment only  
via Health Visitors

9:30am - 11am  
Sefton Breastfeeding  
Support Group  
Drop-in

Morning

Afternoon

Canning Road Methodist Church, PR9 7SS | 01704 534975 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Sefton Council 

Support. Grow. Thrive.



## Sefton Family Hubs

Linaker Family Hub

Monday

Tuesday

Wednesday

Thursday

Friday

9:15am - 11:30am  
Parent Carer  
Drop-in

9:30am - 11:30am  
Youth Connect 5  
Targeted Group  
Booking Required

10:30am - 11:30am  
Baby Massage  
Booking required

9:15am - 10:15am  
Tea and Toast  
Drop-in

10am - 12pm  
ACES (Female)  
Targeted Group  
Booking required

Phoenix Healing CIC  
Freedom Programme  
By appointment via 07368  
686 730

12pm - 5pm  
Midwives - Stop Smoking in  
Pregnancy  
Appointment Only

1pm - 5pm  
Parent Carer Panel  
Online Twilight Session

6pm - 8pm  
Caring Dads  
Targeted Group through  
Brighter Kinder Futures -  
brighterkinderfutures@sefto  
n.gov.uk

9:15am - 10:15am  
Tea and Toast  
Drop-in

10am - 12pm  
Riding the Rapids  
Targeted Group  
Booking required

Virtual Offer

Information, Advice,  
and Guidance

Breastfeeding  
Support

Parent Carer Panel

12pm-2pm  
SWACA for Men  
1-1 Drop-in

12pm - 2:30pm  
Incredible Years  
Targeted Group  
Booking required

1am - 2pm  
Bee Kind Parenting  
Course  
Booking required  
(Starting October  
2025)

1pm - 3pm  
Chattertime  
Booking required

103 Linaker Street, Southport, PR8 5DQ | 0151 288 6765 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Sefton Council 

Support. Grow. Thrive.



# Sefton Family Hubs

## First Steps Family Hubs Farnborough Road

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9:30am - 10am &  
10:15am - 11am  
Toddler Rhyme Time at  
Birkdale Hub Station  
Master's House - call to  
book

9:30am - 10:15am  
Jo Jingles  
For 18m - 3yrs  
  
10:45am - 11:30am  
Jo Jingles  
For 3m - 18m  
  
Dates: 9/9 - 21/10  
Facilitated by partners  
Booking Required  
£42 for 7 weeks

9:30am - 10:10am  
Dancing Songbirds  
For 18m-3yrs  
Drop-in  
  
10:30am - 11am  
Baby Rhyme Time  
For birth to crawling  
Drop-in

9am - 11:30am  
Positive Parenting  
Course  
Booking Required

Afternoon

1:30pm-2:30pm  
Baby Yoga  
For 6 - 12 month olds  
  
Dates: 22/9 - 13/10  
Facilitated by partners  
£10 Booking Required

1pm-3pm  
Baby Weigh-in  
Book with your Health  
Visitor

1:30pm - 2:30pm  
Baby Massage  
For 6wks - 6m  
  
Dates: 26/9 - 17/10  
Facilitated by partners  
£10 Booking Required

Farnborough Road Infant School, Farnborough Road, Birkdale, PR8 3DF | c.horton.fs@schools.sefton.gov.uk  
Call us to book your place on 01704 572 579

Sefton Council 

Support. Grow. Thrive.



# Sefton Family Hubs

## First Steps Family Hubs King's Meadow

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

10am - 11am  
Little Treasures  
For birth to crawling  
Drop-in

9:30am - 11:30am  
Life's for Living Sefton  
(Children)  
Booking required

10:30am - 11:30am  
Little Chefs  
For 2 - 5 year olds  
  
Dates: 19/9 - 24/10  
Facilitated by partners  
Booking Required  
£15 for a 6-week course

Afternoon

1pm - 2pm  
Baby Weigh-in  
Book with your Health  
Visitor

1:30pm-2:30pm  
Top Tots  
For 18 months +  
Drop-in

1pm - 2pm  
Toddler Group  
For 18 months +  
Drop-in

Saturday

10am - 12pm  
Dad's Club  
Drop-in  
  
Dates: 4/10 & 8/10

Kings Meadow Primary School, Meadow Lane, Ainsdale, PR8 3RS | c.horton.fs@schools.sefton.gov.uk  
Call us to book your place on 01704 571606

Sefton Council 

Support. Grow. Thrive.



# APPLY FOR A SCHOOL PLACE

**Is your child born on or between  
01/09/2021 and 31/08/2022?**

**If so, your child is due to start  
school September 2026!**



**You MUST apply for a school place  
online before 15 January 2026**

For more information or to make an application, scan our QR code or go to  
[www.sefton.gov.uk/startingschool](http://www.sefton.gov.uk/startingschool)





National  
Autistic  
Society

Teen Life  
Licensed

To find out more visit:  
[www.autism.org.uk/earlybird](http://www.autism.org.uk/earlybird)

# What does autism look like in teenagers?



Join the National Autistic Society's Teen Life programme for parents and carers of young autistic people aged ten to 16.

## Teen Life programme

Get together with other parents to share advice and experiences. The six-session programme covers:

- understanding autism in teenagers
- women and girls
- self-esteem
- stress and anxiety
- puberty
- planning for the future.

**"What a course! I would strongly recommend any parent with a teenage child on the autism spectrum attend this programme."**

Parent

This is your local licensed Teen Life group leader, trained by the National Autistic Society.



Contact them for more information:

Name: Libby Woods

Contact: [seftonnastraining.gov.uk](mailto:seftonnastraining.gov.uk)





National  
Autistic  
Society



## Teenlife Parent Programme - Information

**AUTUMN 2 2025**

**VENUE: Meols Cop High School, Meols Cop Road, Southport, PR8 6JS.**

**Sessions will be 9.30am- 12 noon**

*This is a **free** course for both parents/carer and a professional from school if parents wish and school can attend. It runs weekly during the school day.*

*Attendance is recommended to all sessions and is a great way to share good practice for both home and school and support families and carers with a child aged 10 and above with an autism profile through this programme.*

*Please see below for dates:*

<b>Session number</b>	<b>Date</b>	<b>Topic</b>
1	4/11/25	Understanding autism
2	11/11/25	Understanding autistic identity
3	18/11/25	Stress and anxiety/ understanding behaviour
4	25/11/25	Health and well-being
5	2/12/25	Puberty
6	9/12/25	Education/ Transition to adulthood

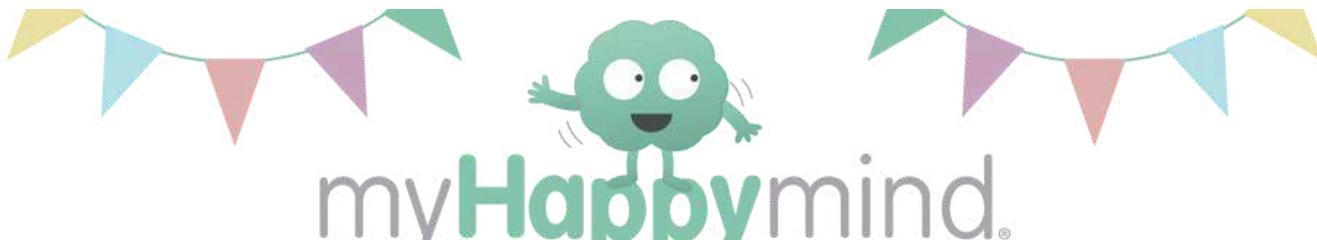


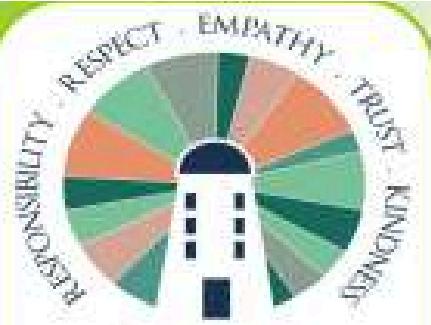
myHappymind

SCHOOL

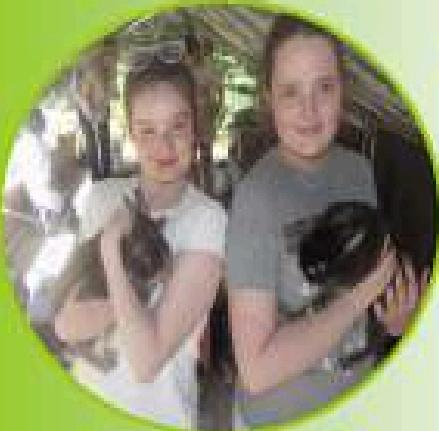
myHappymind is all based around helping children to understand how their brain works and to support them in developing positive skills and habits to be their very best selves!

Parental app is available here -  
<https://www.learn.myhappymind.org/Customer-Parents-Resources-Activation-Code> - code 146895





**CROSBY  
HIGH SCHOOL**



# Open Day Schedule 2025-26

Contact: Paula Morgan

Crosby High School, De Villiers Avenue,

Crosby, L23 2TH Tel: 0151 924 3671

Email: paula.morgan@crosbyhigh.org

if you require further information or wish to book an alternative appointment



**30th September 2025**

**2nd December 2025**

**19th March 2026**

**14th May 2026**

**18th June 2026**

**Tours are at  
1.00pm and 2.00pm**

